



**AMA Track & Field Championships**  
**Day 1**  
**Mt Smart Stadium**  
**10 February 2019**

**Results**

\*records subject to ratification

**60m**

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Name	Age	Team	Finals	Wind		
=====						
W30						
1 Coster, Rochelle	W30	Pakuranga	7.84	-2.5	NZMA	R
W35						
1 Firestone, Faith	W39	North Harbour Bays	8.97	-2.5		
2 Dunn, Michelle	W37	North Harbour Bays	9.85	-2.5		
3 Osugi, Ai	W39	Waitakere	9.96	-2.5		
W50						
1 Green, Phillipa	W50	North Harbour Bays	8.78	-2.5	AMA	R
W55						
1 Hayman, Jill	W57	North Harbour Bays	9.42	-2.5		
W60						
1 Parry-Crooke, Vivienne	W62	North Harbour Bays	10.56	-2.6	2	
2 Bartley, Anne	W60	AMA	11.56	-2.6	2	
W65						
1 Ashe, Tui	W68	North Harbour Bays	10.81	-2.6	2	
W75						
1 Waring, Chris	W75	North Harbour Bays	10.60	-2.6	2	
2 Conte, Carol	W76	North Harbour Bays	14.35	-2.6	2	
M30						
1 Paterson, Sam	M30	North Harbour Bays	7.71	-1.5		
M35						
1 Weekes, Andrew	M36	North Harbour Bays	7.74	-1.5		
M40						
1 Holroyd, Wayne	M42	North Harbour Bays	7.67	-1.5		
2 Swift, Richard	M42	North Harbour Bays	7.72	-1.5		

3	Donaghy, Jack	M43	AMA	8.78	-1.5	
4	Mackenzie, Craig	M41	ACA	10.17	-1.5	
M45						
1	Russell, Cameron	M47	AMA	8.32	0.9	2
2	Garnier, David	M45	AMA	8.41	0.9	2
3	Seymour, Craig	M46	AMA	8.71	0.9	2
4	van den Tillaar, Roland	M46	North Harbour Bays	8.98	0.9	2
M50						
1	Stowers, James	M53	North Harbour Bays	8.47	0.9	2
2	Richardson, Andy	M53	North Harbour Bays	8.53	0.9	2
M55						
1	Walker, Trevor	M58	Glen Eden	8.39	-0.9	3
2	Duggan, Duane	M56	Pukekohe	8.51	-0.9	3
3	Turner, Timothy	M58	North Harbour Bays	8.72	-0.9	3
M60						
1	Good, Bryan	M64	North Harbour Bays	9.32	-0.9	3
M70						
1	Brown, Ross	M70	AMA	9.75	-1.5	4
2	Schenk, Wolfgang	M73	AMA	9.97	-1.5	4
3	Anstiss, David	M73	North Harbour Bays	10.01	-1.5	4
M80						
1	Cowley, Trevor	M84	Pakuranga	12.92	-1.5	4

## 200m

=====						
	Name	Age	Team	Finals	Wind	
=====						
W35						
1	Firestone, Faith	W39	North Harbour Bays	29.30	-0.7	
2	Robinson, Anwen	W37	AMA	29.43	-0.7	
3	Osugi, Ai	W39	Waitakere	32.92	-0.7	
W50						
1	Green, Phillipa	W50	North Harbour Bays	28.62	-0.7	
W55						
1	Hayman, Jill	W57	North Harbour Bays	32.19	-0.7	
W60						
1	Parry-Crooke, Vivienne	W62	North Harbour Bays	35.52	-1.9	2
2	Bartley, Anne	W60	AMA	42.11	-1.9	2
W65						
1	Ashe, Tui	W68	North Harbour Bays	37.03	-1.9	2
W75						
1	Waring, Chris	W75	North Harbour Bays	35.93	-1.9	2
M30						
1	Paterson, Sam	M30	North Harbour Bays	24.68	-0.8	

M40					
1	Holroyd, Wayne	M42	North Harbour Bays	24.03	-0.8
2	Swift, Richard	M42	North Harbour Bays	24.53	-0.8
3	Mackenzie, Craig	M41	ACA	34.26	-0.8
M45					
1	Garnier, David	M45	AMA	27.17	-2.8 2
2	Russell, Cameron	M47	AMA	27.55	-2.8 2
3	Seymour, Craig	M46	AMA	29.05	-2.8 2
M50					
1	Jensen, Gavin	M53	AMA	29.06	-2.8 2
M55					
1	Turner, Timothy	M58	North Harbour Bays	28.44	-0.4 3
2	Ross, Graham	M58	North Harbour Bays	29.32	-0.4 3
M60					
1	Good, Bryan	M64	North Harbour Bays	30.93	-0.4 3
M70					
1	Brown, Ross	M70	AMA	32.95	-0.4 3
2	Schenk, Wolfgang	M73	AMA	34.50	-0.4 3

# 800m

Name	Age	Team	Finals
W35			
1 Robinson, Anwen	W37	AMA	2:27.21
W50			
1 Stewart, Meghann	W54	ACA	2:32.15
W55			
1 Hulena, Karen	W55	North Harbour Bays	3:17.06
2 Boyd, Jane	W55	WLG Harriers	2:49.66
M40			
1 Donaghy, Jack	M43	AMA	2:29.68
M45			
1 Luijpers, Wim	M48	North Harbour Bays	2:16.22
2 Letica, Jared	M48	Takapuna	2:18.51
M50			
1 Jensen, Gavin	M53	AMA	2:33.63
M55			
1 Ross, Graham	M58	North Harbour Bays	2:35.61
M70			
1 Hare, Ken	M71	Papakura	3:14.53
M75			
1 Jones, Barry	M75	Takapuna	3:10.75

**5000m**

	Name	Age Team	Finals
M40			
1	Halla, Jamie	M43 ACA	19:12.64
M45			
1	Robb, Christopher	M47 North Harbour Bays	18:21.35
M55			
1	Walker, Ken	M56 ACA	18:31.39
M60			
1	Boyd, Greg	M62 North Harbour Bays	21:50.39
M70			
1	Hare, Ken	M71 Papakura	25:29.83

**300m Hurdles**

	Name	Age Team	Finals
M70			
1	Anstiss, David	M73 North Harbour Bays	64.23

**400m Hurdles**

	Name	Age Team	Finals
M45			
1	van den Tillaar, Roland	M46 North Harbour Bays	73.10
M50			
1	Richardson, Andy	M53 North Harbour Bays	73.54

**High Jump**

	Name	Age Team	Finals
W35			
1	Firestone, Faith	W39 North Harbour Bays	1.25m
	1.20 1.25 1.30		
	0 0 XXX		
W55			
1	Hulena, Karen	W55 North Harbour Bays	1.10m
	1.05 1.10 1.15		
	0 0 XXX		
M35			
1	Potgieter, Jacob	M38 AMA	1.55m

1.40 1.45 1.50 1.55 1.60  
X0 0 X0 X0 XXX

M45

1 Wilson, Trevor M48 North Harbour Bays 1.45m  
1.40 1.45 1.50 1.55  
0 0 - XXX

M50

1 Richardson, Andy M53 North Harbour Bays 1.50m  
1.40 1.45 1.50 1.55  
0 X0 X0 XXX

M55

1 Walker, Trevor M58 Glen Eden 1.40m  
1.30 1.35 1.40 1.45  
0 - 0 XXX

M60

1 Thomas, James M61 North Harbour Bays 1.35m  
1.20 1.25 1.30 1.35 1.40  
0 0 0 0 XXX

M65

1 Delamere, Tuariki M67 Glen Eden 1.25m  
1.25 1.30  
X0 X

M70

1 Anstiss, David M73 North Harbour Bays 1.30m  
1.20 1.25 1.30 1.35  
0 0 0 XXX

### Long Jump

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Name	Age Team	Finals	Wind
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W30

1 Coster, Rochelle W30 Pakuranga 5.74m 1.7 NZMA R  
5.34m(3.0) 5.30m(0.6) 5.52m(0.9) 5.68m(1.7) 5.53m(0.9) 5.74m(1.7)

W35

1 Firestone, Faith W39 North Harbour Bays 4.61m 0.6  
4.43m(1.4) 4.37m(0.9) 4.61m(0.6) X(0.1) 4.41m(2.5)  
2 Dunn, Michelle W37 North Harbour Bays 2.91m 3.7  
2.91m(3.7) X(1.0) X(0.9)

W55

1 Hulena, Karen W55 North Harbour Bays 3.45m 0.8  
3.45m(0.8) - 3.43m(0.3) 3.26m(0.5) 3.35m(3.1) X(1.0)

W75

1 Conte, Carol W76 North Harbour Bays 1.70m 1.4  
X(1.2) 1.50m(1.6) 1.70m(1.4) 1.08m(0.9)

M35

1 Potgieter, Jacob M38 AMA 4.41m 1.7

- 4.41m(1.7) 4.41m(1.5) 4.37m(1.0)

M40

1 Donaghy, Jack M43 AMA 4.56m 2.9  
4.56m(2.9) - 4.06m(1.0) 4.21m(1.5)

M45

1 Wilson, Trevor M48 North Harbour Bays 5.73m 0.8  
5.56m(3.1) 5.54m(3.1) X(+0.0) 5.71m(0.6) 5.46m(1.5) 5.73m(0.8)  
2 van den Tillaar, Roland M46 North Harbour Bays 4.17m 1.4  
3.82m(1.8) 3.94m(1.8) 4.01m(0.2) 3.97m(0.3) 4.01m(2.6) 4.17m(1.4)  
3 Russell, Cameron M47 AMA 4.11m 2.5  
3.78m(3.2) 4.11m(2.5) 3.91m(0.6)

M50

1 Richardson, Andy M53 North Harbour Bays 5.08m 2.0  
5.08m(2.0) X(1.0) 5.00m(+0.0) 4.76m(-0.9) 4.76m(1.3) X(1.2)

M55

1 Walker, Trevor M58 Glen Eden 5.12m -0.2  
4.96m(1.5) 5.12m(-0.2) 5.05m(0.4) 4.79m(-1.9)

M70

1 Anstiss, David M73 North Harbour Bays 3.68m 0.5  
3.68m(0.5) X(0.4) 3.35m(0.7) 3.56m(-0.8) X(0.6)  
2 Schenk, Wolfgang M73 AMA 3.46m 2.2  
3.46m(2.2) 3.44m(0.2) 3.29m(-0.2) 3.36m(-1.6) 3.40m(1.6)

M80

1 Cowley, Trevor M84 Pakuranga 1.78m 2.3  
1.78m(2.3) 1.43m(0.4)

## Discus

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Name	Age	Team	Finals
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W45

1 Richardson, Megan W47 North Harbour Bays 27.37m  
X 27.37m X 25.00m 26.26m X

W75

1 Waring, Chris W75 North Harbour Bays 10.12m  
10.12m -

M35

1 Latu, Nicky M39 Papatoetoe 27.81m  
26.26m 27.81m 27.27m 27.71m X X  
2 Potgieter, Jacob M38 AMA 24.77m  
22.25m X 23.56m 20.52m 23.60m 24.77m

M40

1 Chitar, Tarres M42 AMA 36.13m  
33.43m X 36.13m X X X

M45

1 van den Tillaar, Roland M46 North Harbour Bays 26.33m  
24.45m X 25.78m 26.33m 25.56m 25.77m

M50							
1	Inivale, Laini	M52 Waitakere				32.58m	
	26.36m 23.50m X 30.41m 32.58m X						
2	Stowers, James	M53 North Harbour Bays				31.88m	
	26.70m 22.69m X 29.74m 27.11m 31.88m						
3	Richardson, Andy	M53 North Harbour Bays				30.35m	
	27.25m 30.35m 30.07m X 25.43m 30.18m						
M55							
1	Free, Murray	M55 Glen Eden				31.45m	
	X 29.59m 31.45m 29.55m 31.36m 30.97m						
2	Cumming, Mark	M56 North Harbour Bays				27.24m	
	25.80m X X X 26.15m 27.24m						
M60							
1	Thomas, James	M61 North Harbour Bays				38.33m	
	37.62m 38.33m 35.52m 38.30m 38.22m 37.10m						
M65							
1	Delamere, Tuariki	M67 Glen Eden				32.49m	
	27.96m 32.49m 32.43m X 31.57m 28.31m						
2	Thompson, Chris	M66 North Harbour Bays				28.83m	
	28.83m X						
M70							
1	Anstiss, David	M73 North Harbour Bays				24.13m	
	24.08m 21.30m X X 20.27m 24.13m						
2	Deleiros, Tony	M72 North Harbour Bays				23.30m	
	X 18.74m 20.37m 23.30m X 22.17m						
3	Schenk, Wolfgang	M73 AMA				22.35m	
	20.11m 18.17m 21.00m 21.19m 22.35m						
M75							
1	Lee, Errol	M79 AMA				17.45m	
	16.91m 14.64m X 16.96m 17.45m X						
M80							
1	Ryan, Terry	M80 AMA				17.08m	
	17.08m 15.16m 16.55m 15.92m X 15.44m						

## Weight Throw

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Name		Age Team			Finals	
=====						
M35						
1	Potgieter, Jacob	M38 AMA			8.43m	
	X 6.99m 7.81m 7.23m 8.43m X					
2	Latu, Nicky	M39 Papatoetoe			6.32m	
	5.29m 6.32m X					
M50						
1	Inivale, Laini	M52 Waitakere			13.18m	
	10.75m X 11.75m 12.56m X 13.18m					
M55						
1	Cumming, Mark	M56 North Harbour Bays			18.16m	

	17.48m	18.16m	17.39m	17.85m	17.17m	16.70m	
2 Free, Murray				M55 Glen Eden			11.40m
	10.80m	X	10.51m	11.21m	11.40m	X	

M60

1 Thomas, James				M61 North Harbour Bays		15.58m	AMA R
	14.91m	15.58m	14.88m	14.70m	X X		

M65

1 Thompson, Chris				M66 North Harbour Bays		12.35m
	11.12m	11.56m	12.35m	X X	11.93m	
2 Delamere, Tuariki				M67 Glen Eden		11.53m
	11.27m	10.93m	X	11.52m	11.53m X	

M75

1 Lee, Errol				M79 AMA		10.66m
	9.15m	10.54m	X	9.98m	10.66m 10.59m	

M80

1 Ryan, Terry				M80 AMA		10.38m
	9.11m	9.43m	10.38m	10.01m	9.88m 8.76m	