



**Gideon Tait
Mt Smart Stadium
14 October 2018**

Results

*records subject to ratification

60m

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Name	Age	Team	Finals	Wind	
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W35					
1 Firestone, Faith	W39	North Harbour Bays	8.68	3.3	
W55					
1 Warbrick, Joy	W55	AMA	9.20	3.3	
2 Hayman, Jill	W57	North Harbour Bays	9.21	3.3	
3 Goulter, Anne	W55	North Harbour Bays	9.80	3.3	
W60					
1 Adamson, Christine	W62	North Harbour Bays	9.80	3.3	
2 Boxall, Aggie	W60	North Harbour Bays	10.26	3.3	
W75					
1 Waring, Chris	W75	North Harbour Bays	10.55	3.3	
M30					
1 Paterson, Sam	M30	North Harbour Bays	7.69	1.9	AMA R
M40					
1 Nightingale, James	M42	North Harbour Bays	7.34	1.9	NZMA R
2 Lambert, Mark	M44	North Harbour Bays	7.63	1.9	
3 Swift, Richard	M42	North Harbour Bays	7.64	1.9	
4 Lyle, Rob	M43	ACA	8.04	1.9	
5 Stokes, Jason	M41	North Harbour Bays	9.44	1.9	
M45					
1 Garnier, David	M45	AMA	8.33	1.9	
2 Seymour, Craig	M46	AMA	8.47	1.9	
M50					
1 Richardson, Andy	M53	North Harbour Bays	8.40	1.9	
M55					
1 Walker, Trevor	M58	Glen Eden	8.18	1.9	
2 Duggan, Duane	M56	Pukekohe	8.26	1.9	
3 Turner, Timothy	M58	North Harbour Bays	8.73	1.9	
M65					
1 Brown, Ross	M69	AMA	9.76	2.0	

M70				
1	Dougall, Alan	M70	AMA	8.98 2.0
2	Deleiros, Tony	M71	North Harbour Bays	9.45 2.0
3	Schenk, Wolfgang	M73	Pakuranga	9.47 2.0
4	Anstiss, David	M73	North Harbour Bays	9.57 2.0

M85				
1	Johnson, Ron	M86	Pakuranga	12.65 2.0

150m

Name	Age	Team	Finals	Wind
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W35				
1	Firestone, Faith	W39	North Harbour Bays	21.51 1.0

W55				
1	Hayman, Jill	W57	North Harbour Bays	22.79 1.0
2	Warbrick, Joy	W55	AMA	23.17 1.0
3	Goulter, Anne	W55	North Harbour Bays	24.68 1.0

W75				
1	Waring, Chris	W75	North Harbour Bays	27.16 1.0

M30				
1	Paterson, Sam	M30	North Harbour Bays	18.13 2.1

M40				
1	Nightingale, James	M42	North Harbour Bays	17.50 2.1
2	Lambert, Mark	M44	North Harbour Bays	17.63 2.1
3	Lyle, Rob	M43	ACA	19.13 2.1
4	Swift, Richard	M42	North Harbour Bays	19.36 2.1

M45				
1	Garnier, David	M45	AMA	20.08 2.1
2	Seymour, Craig	M46	AMA	20.43 2.1

M55				
1	Duggan, Duane	M56	Pukekohe	21.04 1.6
2	Turner, Timothy	M58	North Harbour Bays	21.15 1.6
3	Ramiah, Seelan	M58	AMA	21.26 1.6

M70				
1	Dougall, Alan	M70	AMA	21.69 1.6
2	Deleiros, Tony	M71	North Harbour Bays	22.70 1.6
3	Anstiss, David	M73	North Harbour Bays	23.65 1.6
4	Schenk, Wolfgang	M73	Pakuranga	23.81 1.6

300m

Name	Age	Team	Finals
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W50			
1	Hulena, Karen	W54	North Harbour Bays 58.33

W55			
1	Bartley, Anne	W59	AMA 1:09.66

M30			
1	Paterson, Sam	M30	North Harbour Bays 42.46

M40	1 Lyle, Rob	M43 ACA	43.38
M45	1 Garnier, David	M45 AMA	45.62
M55	1 Turner, Timothy	M58 North Harbour Bays	48.24
M70	1 Dougall, Alan	M70 AMA	50.19

1500m

Name	Age Team	Finals
W50	1 Stewart, Meghann	W53 ACA 5:24.47
W60	1 Adamson, Christine	W62 North Harbour Bays 5:37.61 NZMA R
W65	1 Smith, Jennifer	W68 AMA 7:14.79
M40	1 Stokes, Jason	M41 North Harbour Bays 5:38.22
M50	1 Conyngham, Richard	M51 ACA 5:06.87
M55	1 Ross, Graham	M58 North Harbour Bays 5:22.44

3000m

Name	Age Team	Finals
W60	1 Adamson, Christine	W62 North Harbour Bays 12:04.28
M40	1 Stokes, Jason	M41 North Harbour Bays 12:12.29
M55	-- Ross, Graham	M58 North Harbour Bays DNF
M60	1 Boyd, Greg	M62 North Harbour Bays 12:19.54

3000 Metre Race Walk

Name	Age Team	Finals
M65	1 Parker, Mike	M65 Calliope 16:50.63

M75
1 McLean, Bruce M78 Calliope 25:11.18

M85
1 Johnson, Ron M86 Pakuranga 22:26.69

High Jump

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Name	Age Team	Finals
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W35
1 Firestone, Faith W39 North Harbour Bays 1.30m
1.20 1.25 1.30 1.35
XO XX0 XO XXX

W50
1 Hulena, Karen W54 North Harbour Bays 1.20m
1.10 1.15 1.20 1.25
0 XO 0 XXX

W55
1 Goulter, Anne W55 North Harbour Bays 1.20m
1.10 1.15 1.20
0 0 XX0

M35
1 Potgieter, Jacob M38 AMA 1.48m
1.25 1.30 1.35 1.40 1.45 1.48 1.55
0 0 0 0 0 0 XXX

M40
1 Lyle, Rob M43 ACA 1.48m
1.35 1.40 1.45 1.48 1.55
0 0 XO 0 XXX

M50
1 Richardson, Andy M53 North Harbour Bays 1.45m
1.40 1.45 1.48
0 0 XXX

M55
1 Ramiah, Seelan M58 AMA 1.40m
1.30 1.35 1.40
0 0 XO

M65
1 Delamere, Tuariki M66 Glen Eden 1.20m
1.10 1.20
0 XO

M70
1 Anstiss, David M73 North Harbour Bays 1.30m
1.20 1.25 1.30 1.35
0 XX0 XO XXX

Long Jump

Name	Age Team	Finals	Wind
W35			
1 Firestone, Faith	W39 North Harbour Bays	4.67m	1.9
3.80m(4.3) 4.35m(1.3) 4.59m(2.1) 4.67m(1.9)			
W50			
1 Hulena, Karen	W54 North Harbour Bays	3.34m	3.0
3.08m(3.8) 3.34m(3.0) 3.15m(5.1) 3.23m(0.3)			
M35			
1 Potgieter, Jacob	M38 AMA	4.48m	2.4
4.48m(2.4) 4.39m(1.6)			
M40			
1 Lyle, Rob	M43 ACA	4.75m	3.0
4.53m(4.2) 4.75m(3.0) 4.46m(2.9) 4.28m(1.6)			
2 Lambert, Mark	M44 North Harbour Bays	4.06m	2.4
X(1.4) 4.06m(2.4) 4.04m(0.8) 3.97m(1.4)			
M50			
1 Richardson, Andy	M53 North Harbour Bays	5.16m	2.0
5.15m(0.9) X(2.4) 5.16m(2.0) 4.46m(1.3)			
M55			
1 Walker, Trevor	M58 Glen Eden	5.05m	2.4
5.05m(2.4) 4.98m(2.7) 4.87m(0.1)			
M70			
1 Schenk, Wolfgang	M73 Pakuranga	3.57m	2.9
3.56m(2.7) 3.57m(2.9) 3.38m(1.0) 3.56m(1.4)			
2 Deleiros, Tony	M71 North Harbour Bays	3.04m	2.4
3.04m(2.4) X(1.8)			

Shot Put

Name	Age Team	Finals
W45		
1 Richardson, Megan	W47 North Harbour Bays	8.13m
8.13m 7.87m 6.88m 7.35m		
W50		
1 Hulena, Karen	W54 North Harbour Bays	6.87m
6.87m 6.79m 6.51m 6.61m		
W55		
1 Hayman, Jill	W57 North Harbour Bays	7.09m
7.09m 7.01m 6.88m		
W60		
1 Boxall, Aggie	W60 North Harbour Bays	7.63m
7.63m 7.44m X		
W70		
1 Deleiros, Anne	W70 North Harbour Bays	6.70m
6.29m 6.70m 6.62m 6.54m		
AMA R		

M35	1 Potgieter, Jacob	M38 AMA	8.30m
	7.87m 8.30m 8.28m 8.00m		
M40	1 Chitar, Tarres	M42 AMA	10.45m
	10.16m 10.45m X 10.14m		
	2 Lambert, Mark	M44 North Harbour Bays	9.18m
	8.01m X 9.18m X		
M50	1 Richardson, Andy	M53 North Harbour Bays	9.97m
	9.97m 9.95m 9.64m 9.86m		
M55	1 Ramiah, Seelan	M58 AMA	9.41m
	9.32m 9.41m 8.88m		
	2 Duggan, Duane	M56 Pukekohe	8.22m
	X 7.34m 8.22m 8.13m		
M60	1 Oughton, Steve	M61 North Harbour Bays	6.69m
	6.47m 6.13m 6.28m 6.69m		
M65	1 Delamere, Tuariki	M66 Glen Eden	10.01m
	X 9.65m 10.01m 9.63m		
M70	1 Deleiros, Tony	M71 North Harbour Bays	8.16m
	8.16m 7.89m 7.07m 7.95m		
	2 Powell, Mark	M70 AMA	7.42m
	7.39m 7.35m 7.42m 7.10m		
M75	1 McLean, Bruce	M78 Calliope	3.74m
	3.74m -		

Discus

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Name	Age	Team	Finals
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W45	1 Richardson, Megan	W47 North Harbour Bays	28.27m
	27.73m 27.96m 28.27m 27.98m		
M35	1 Potgieter, Jacob	M38 AMA	19.42m
	18.14m X 19.28m 19.42m		
M40	1 Chitar, Tarres	M42 AMA	28.91m
	X 28.91m X X		
M50	1 Richardson, Andy	M53 North Harbour Bays	29.85m
	22.39m 26.90m 29.85m 28.00m		
M55	1 Walker, Trevor	M58 Glen Eden	27.16m
	23.98m 20.52m 25.80m 27.16m		
	2 Ramiah, Seelan	M58 AMA	24.30m
	19.02m 19.32m 24.30m 23.41m		

M60
 1 Oughton, Steve M61 North Harbour Bays 17.52m
 15.72m 15.50m 17.52m 15.93m

M65
 1 Delamere, Tuariki M66 Glen Eden 31.74m
 31.15m 31.74m X X

M70
 1 Powell, Mark M70 AMA 24.23m
 X 24.00m 22.47m 24.23m
 -- Anstiss, David M73 North Harbour Bays NM
 X X X X

M75
 1 McLean, Bruce M78 Calliope 8.34m
 7.19m 7.97m 8.34m 7.28m

M85
 1 Johnson, Ron M86 Pakuranga 19.03m
 17.66m 19.03m 17.72m X

Weight Throw

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Name                               Age Team                               Finals
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W55
  1 Goulter, Anne                   W55 North Harbour Bays             11.91m
    11.71m 11.57m 11.85m 11.91m

W60
  1 Boxall, Aggie                   W60 North Harbour Bays             10.96m
    10.42m 10.96m 10.83m 10.21m

M60
  1 Oughton, Steve                   M61 North Harbour Bays              7.15m
    X 6.78m 7.01m 7.15m

M65
  1 Delamere, Tuariki                 M66 Glen Eden                       9.82m
    9.28m X X 9.82m

M70
  1 Powell, Mark                       M70 AMA                             10.41m
    10.14m 10.41m 9.98m 10.23m

M85
  1 Johnson, Ron                       M86 Pakuranga                       10.15m   AMA R
    9.98m X 10.15m X
  
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