



**AMA Pre WMG Meet
Mt Smart Stadium
9 April 2017**

Results

*records subject to ratification

100m

| Name | Year Team | Time | Wind |
|--------------------|------------------------|-------------|-------------|
| W30 | | | |
| 1 McCormack, Kim | W34 | 13.58 | -1.8 |
| 2 Iyer, Ugen | W33 Northland Masters | 13.61 | -1.8 |
| W35 | | | |
| 1 Tasker, Hayley | W35 Whangarei | 13.70 | -1.8 |
| 2 Dryburgh, Jenni | W38 | 14.45 | -1.8 |
| 3 Fougere, Nicole | W39 | 15.09 | -1.8 |
| W40 | | | |
| 1 Haddon, Olivia | W41 | 13.68 | -1.8 |
| W45 | | | |
| 1 Brunner, Chantal | W46 ACA | 13.71 | -2.6 |
| 2 Shattky, Anna | W45 | 14.03 | -2.6 |
| 3 Green, Phillipa | W48 North Harbour Bays | 14.41 | -2.6 |
| W50 | | | |
| 1 Warbrick, Joy | W54 AMA | 15.07 | -2.6 |
| W55 | | | |
| 1 Hayman, Jill | W55 North Harbour Bays | 14.83 | -2.6 |
| W70 | | | |
| 1 Waring, Chris | W73 North Harbour Bays | 17.41 | -2.6 |
| M30 | | | |
| 1 Weekes, Andrew | M34 ACA | 12.17 | -3.1 |
| M35 | | | |
| 1 Garrett, David | M38 North Harbour Bays | 12.23 | -3.1 |
| 2 Halbmaier, Craig | M38 AMA | 13.59 | -3.1 |
| M40 | | | |
| 1 Foster, Morgan | M41 WaiBoP Masters | 11.87 | -2.0 |
| 2 Lambert, Mark | M43 North Harbour Bays | 12.21 | -2.0 |
| 3 Mannix, Shane | M41 North Harbour Bays | 12.69 | -3.1 |

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|-----|--------------------|------------------------|-------|------|
| 4 | Schollum, Matthew | M40 | 13.63 | -3.1 |
| 5 | Donaghy, Jack | M41 AMA | 13.67 | -2.0 |
| M45 | | | | |
| 1 | Hargreaves, Steven | M47 AMA | 12.17 | -2.0 |
| 2 | Dorset, Scott | M47 North Harbour Bays | 12.71 | -2.0 |
| 3 | Seymour, Craig | M45 AMA | 14.09 | -2.0 |
| M50 | | | | |
| 1 | Solomon, Bruce | M54 WaiBoP Masters | 12.53 | -0.3 |
| 2 | Richardson, Andy | M51 North Harbour Bays | 13.40 | -0.3 |
| 3 | Manamana, Geoff | M54 | 14.06 | -0.3 |
| 4 | Adams, Marc | M51 AMA | 15.73 | -0.3 |
| M55 | | | | |
| 1 | Burden, Stephen | M57 WaiBoP Masters | 13.02 | -0.3 |
| 2 | Turner, Tim | M56 | 13.78 | -0.3 |
| -- | Fong, William | M57 | DNF | -0.3 |
| M65 | | | | |
| 1 | Brown, Ross | M68 AMA | 16.16 | -3.1 |
| M70 | | | | |
| 1 | Guptill, Trevor | M70 Waitakere | 14.75 | -3.1 |
| 2 | Deleiros, Tony | M70 North Harbour Bays | 14.93 | -3.1 |
| 3 | Anstiss, David | M72 North Harbour Bays | 16.39 | -3.1 |
| M80 | | | | |
| 1 | Cowley, Trevor | M82 Pakuranga | 21.03 | -3.1 |

200m

| | Name | Year Team | Time | Wind |
|-----|--------------------|------------------------|-------|------|
| W30 | | | | |
| 1 | Iyer, Ugen | W33 Northland Masters | 28.41 | -4.0 |
| W35 | | | | |
| 1 | Tasker, Hayley | W35 Whangarei | 28.95 | -4.0 |
| W40 | | | | |
| 1 | Haddon, Olivia | W41 | 28.49 | -4.0 |
| 2 | Gambaro, Catherine | W41 | 30.36 | -4.0 |
| W45 | | | | |
| 1 | Shattky, Anna | W45 | 28.64 | -4.0 |
| 2 | Green, Phillipa | W48 North Harbour Bays | 30.57 | -4.0 |
| 3 | Bacon, Catherine | W47 AMA | 33.29 | -5.3 |
| W50 | | | | |
| 1 | Warbrick, Joy | W54 AMA | 31.79 | -5.3 |
| W55 | | | | |
| 1 | Hayman, Jill | W55 North Harbour Bays | 32.16 | -5.3 |
| W65 | | | | |
| 1 | Ashe, Tui | W66 North Harbour Bays | 39.05 | -5.3 |
| W70 | | | | |
| 1 | Waring, Chris | W73 North Harbour Bays | 37.27 | -5.3 |

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|-----|----------------------|------------------------|-------|------|
| M30 | 1 Weekes, Andrew | M34 ACA | 25.45 | -3.3 |
| M35 | 1 Garrett, David | M38 North Harbour Bays | 24.61 | -3.3 |
| M40 | 1 Lambert, Mark | M43 North Harbour Bays | 24.52 | -3.3 |
| | 2 Foster, Morgan | M41 WaiBoP Masters | 24.63 | -3.3 |
| | 3 Donaghy, Jack | M41 AMA | 27.67 | -3.3 |
| | 4 Schollum, Matthew | M40 | 28.13 | -3.3 |
| | 5 Nightingale, James | M41 North Harbour Bays | 28.66 | -3.3 |
| M45 | 1 Hargreaves, Steven | M47 AMA | 24.37 | -2.0 |
| | 2 Seymour, Craig | M45 AMA | 29.11 | -2.0 |
| M50 | 1 Solomon, Bruce | M54 WaiBoP Masters | 25.53 | -2.0 |
| | 2 Manamana, Geoff | M54 | 29.56 | -2.0 |
| | 3 Adams, Marc | M51 AMA | 34.07 | -2.0 |
| M70 | 1 Guptill, Trevor | M70 Waitakere | 29.29 | -2.0 |
| | 2 Deleiros, Tony | M70 North Harbour Bays | 29.32 | -2.0 |

400m

| | Name | Year Team | Time | |
|-----|----------------------|------------------------|---------|-----|
| W30 | 1 Iyer, Ugen | W33 Northland Masters | 1:04.89 | |
| W40 | 1 Haddon, Olivia | W41 | 1:06.17 | |
| | 2 Gambaro, Catherine | W41 | 1:06.41 | |
| W45 | 1 Bacon, Catherine | W47 AMA | 1:13.15 | |
| M35 | 1 Halbmaier, Craig | M38 AMA | 1:02.52 | |
| M40 | 1 Sexton, Andrew | M43 Glen Eden | 59.12 | |
| | 2 Garnier, David | M44 ACA | 59.90 | |
| | 3 Donaghy, Jack | M41 AMA | 1:00.53 | |
| | 4 Halla, Jamie | M41 ACA | 1:05.44 | |
| M45 | 1 Hargreaves, Steven | M47 AMA | 54.71 | AKR |
| | 2 Gerber, Ivor | M48 AMA | 1:04.50 | |
| M50 | 1 Solomon, Bruce | M54 WaiBoP Masters | 1:00.66 | |
| | 2 Richardson, Andy | M51 North Harbour Bays | 1:01.94 | |

800m

| | Name | Year Team | Time |
|-----|------------------|------------------------|-------------|
| W45 | | | |
| 1 | Bacon, Catherine | W47 AMA | 2:47.32 |
| M40 | | | |
| 1 | Sexton, Andrew | M43 Glen Eden | 2:17.79 |
| 2 | Halla, Jamie | M41 ACA | 2:19.35 |
| 3 | Donaghy, Jack | M41 AMA | 2:32.11 |
| M45 | | | |
| 1 | Biffin, Adam | M48 Glen Eden | 2:37.11 |
| M50 | | | |
| 1 | Craig, Michael | M51 North Harbour Bays | 2:21.47 |
| M65 | | | |
| 1 | Adams, Graeme | M67 AMA | 2:59.08 |
| 2 | Hare, Ken | M69 Papakura | 3:02.42 |

1500m

| | Name | Year Team | Time |
|-----|--------------------|------------------------|-------------|
| W35 | | | |
| 1 | Lenz, Tanja | W37 North Harbour Bays | 6:32.23 |
| W60 | | | |
| 1 | Adamson, Christine | W60 North Harbour Bays | 6:08.62 |
| M40 | | | |
| 1 | Halla, Jamie | M41 ACA | 4:59.63 |
| M45 | | | |
| 1 | Biffin, Adam | M48 Glen Eden | 5:22.67 |
| M50 | | | |
| 1 | Cossey, Blair | M51 ACA | 4:56.45 |
| M55 | | | |
| 1 | Ross, Graham | M56 North Harbour Bays | 5:41.27 |
| M60 | | | |
| 1 | Boyd, Greg | M60 North Harbour Bays | 5:43.27 |
| M65 | | | |
| 1 | Hare, Ken | M69 Papakura | 6:12.75 |

3000m

| | Name | Year Team | Time |
|-----|-------------|------------------------|-------------|
| W35 | | | |
| 1 | Lenz, Tanja | W37 North Harbour Bays | 12:57.31 |

| | | | |
|-----|----------------------|------------------------|----------|
| W55 | 1 Smith, Carolyn | W56 North Harbour Bays | 12:18.78 |
| W60 | 1 Adamson, Christine | W60 North Harbour Bays | 12:12.88 |
| M50 | 1 Walker, Ken | M54 Hatea | 10:29.54 |

3000m Race Walk

| | Name | Year Team | Time |
|-----|---------------------------|-------------------|----------|
| W70 | 1 Barber, Shirley | W70 RWA | 22:05.45 |
| M45 | 1 Hohaia, Lyndon | M49 RWA | 15:30.80 |
| M55 | 1 Pepper, Grant | M55 RWA | 24:21.11 |
| M60 | 1 Parker, Mike | M63 Calliope | 15:33.04 |
| M70 | 1 Barber, David | M70 RWA | 22:02.73 |
| M75 | 1 Andreotti, Pier Giorgio | M75 International | 22:02.94 |
| | 2 McLean, Bruce | M76 Calliope | 24:34.96 |

High Jump

| | Name | Year Team | Performance |
|-----|---|------------------------|-------------|
| W35 | 1 Lenz, Tanja | W37 North Harbour Bays | 1.15m |
| | 1.05 1.10 1.15 1.20 | | |
| | o o xo xxx | | |
| W45 | 1 Jensen, Julie | W46 Pakuranga | 1.30m |
| | 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 | | |
| | o o o o o xo o xxx | | |
| | 2 Bacon, Catherine | W47 AMA | 1.25m |
| | 1.20 1.25 1.30 | | |
| | o xo xxx | | |
| W50 | 1 Swanepoel, Betsy | W50 Pakuranga | 1.10m |
| | 0.90 0.95 1.00 1.05 1.10 1.15 | | |
| | o o o o o xxx | | |

| | | | |
|-----|--------------------------|------------------------|-----------|
| W65 | 1 Ashe, Tui | W66 North Harbour Bays | 1.05m |
| | 1.00 1.05 1.10 | | |
| | 0 0 XXX | | |
| M35 | 1 Halbmaier, Craig | M38 AMA | 1.70m |
| | 1.50 1.55 1.60 1.70 1.80 | | |
| | 0 - XO 0 XXX | | |
| M50 | 1 Richardson, Andy | M51 North Harbour Bays | 1.50m |
| | 1.35 1.40 1.45 1.50 1.55 | | |
| | 0 0 XXO 0 XXX | | |
| M55 | 1 Walker, Trevor | M56 Glen Eden | 1.55m NZR |
| | 1.40 1.45 1.50 1.55 1.60 | | |
| | 0 0 0 0 XXX | | |
| M65 | 1 Delamere, Tuariki | M65 Glen Eden | 1.30m |
| | 1.30 1.35 1.40 | | |
| | 0 - XXX | | |
| M70 | 1 Anstiss, David | M72 North Harbour Bays | 1.25m |
| | 1.25 1.30 | | |
| | XO XXX | | |

Long Jump

| Name | Year Team | Performance | Wind |
|------|----------------------------------|------------------------|---------------|
| W35 | 1 Dryburgh, Jenni | W38 | 4.84m 1.5 |
| | 4.77m(0.5) 4.84m(1.5) X(1.1) | | |
| W45 | 1 Brunner, Chantal | W46 ACA | 5.06m 0.8 NZR |
| | 4.90m(0.9) 5.06m(0.8) 5.01m(2.6) | | |
| W55 | 1 Hayman, Jill | W55 North Harbour Bays | 3.29m 1.0 |
| | 3.29m(1.0) 3.28m(1.1) X(1.8) | | |
| W65 | 1 Deleiros, Anne | W68 North Harbour Bays | 2.89m 1.5 |
| | 2.85m(+0.0) X(1.5) 2.89m(1.5) | | |
| M35 | 1 McGowan, Iain | M37 North Harbour Bays | 5.05m 1.9 |
| | X(-0.1) X(2.5) 5.05m(1.9) | | |
| | 2 Halbmaier, Craig | M38 AMA | 4.97m 1.5 |
| | 4.65m(0.5) 4.58m(1.8) 4.97m(1.5) | | |
| M50 | 1 Richardson, Andy | M51 North Harbour Bays | 5.00m 1.7 |
| | X(+0.0) 5.00m(1.7) X(2.8) | | |

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|-----|------------------------------------|------------------------|-------|------|-----|
| 2 | Solomon, Bruce | M54 WaiBoP Masters | 4.93m | +0.0 | |
| | 4.93m(+0.0) 4.81m(+0.0) 4.92m(1.2) | | | | |
| 3 | Adams, Marc | M51 AMA | 2.88m | 1.4 | |
| | 2.39m(1.5) X(1.9) 2.88m(1.4) | | | | |
| M55 | | | | | |
| 1 | Walker, Trevor | M56 Glen Eden | 4.97m | +0.0 | AKR |
| | 4.97m(+0.0) 4.77m(1.5) 4.79m(2.6) | | | | |
| -- | Burden, Stephen | M57 WaiBoP Masters | NM | | |
| | X X X | | | | |
| M70 | | | | | |
| 1 | Anstiss, David | M72 North Harbour Bays | 3.94m | +0.0 | |
| | 3.94m(+0.0) X(1.4) X(1.2) | | | | |

Triple Jump

| | Name | Year Team | Performance | Wind | |
|-----|-------------------------------------|------------------------|-------------|------|--|
| W50 | | | | | |
| 1 | Vinogradova, Elena | W53 North Harbour Bays | 8.66m | 1.9 | |
| | X(2.3) 8.49m(3.2) 8.66m(1.9) | | | | |
| W65 | | | | | |
| 1 | Deleiros, Anne | W68 North Harbour Bays | 6.66m | 3.2 | |
| | 6.52m(2.2) 6.52m(1.7) 6.66m(3.2) | | | | |
| M40 | | | | | |
| 1 | Foster, Morgan | M41 WaiBoP Masters | 10.39m | 1.5 | |
| | 10.39m(1.5) X X | | | | |
| 2 | Donaghy, Jack | M41 AMA | 9.35m | 0.6 | |
| | 9.35m(0.6) 9.01m(2.3) 9.08m(3.5) | | | | |
| M55 | | | | | |
| 1 | Walker, Trevor | M56 Glen Eden | 11.69m | 4.6 | |
| | 11.56m(4.6) 11.37m(2.4) 11.69m(4.6) | | | | |
| 2 | Burden, Stephen | M57 WaiBoP Masters | 10.98m | 5.0 | |
| | 9.60m(2.5) 10.70m(1.6) 10.98m(5.0) | | | | |
| M70 | | | | | |
| 1 | Anstiss, David | M72 North Harbour Bays | 8.53m | 2.5 | |
| | 8.52m(4.6) 8.53m(2.5) 8.15m(0.9) | | | | |

Shot Put

| | Name | Year Team | Performance | |
|-----|-------------------------|------------------------|-------------|--|
| W35 | | | | |
| 1 | Grayson, Augusta | W35 Takapuna | 9.96m | |
| | 9.96m 9.74m 9.91m 9.95m | | | |
| 2 | Lenz, Tanja | W37 North Harbour Bays | 7.05m | |
| | 6.89m 6.98m 7.05m 6.71m | | | |
| W40 | | | | |
| 1 | Nuia, Vavae | W42 AMA | 8.33m | |
| | 7.94m 8.33m X 7.54m | | | |

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|-----|----------------------------|-----|--------------------|--------|
| 2 | Bitcheno, Michelle | W42 | WaiBoP Masters | 6.19m |
| | 5.97m 6.17m 6.19m 5.66m | | | |
| W45 | | | | |
| 1 | Richardson, Megan | W45 | North Harbour Bays | 7.93m |
| | 7.68m 7.93m 7.52m 7.50m | | | |
| 2 | Bacon, Catherine | W47 | AMA | 6.86m |
| | X 5.63m 6.86m 6.26m | | | |
| 3 | Jensen, Julie | W46 | Pakuranga | 6.43m |
| | 6.43m - - | | | |
| W50 | | | | |
| 1 | Ryan, Tina | W53 | AMA | 9.63m |
| | 9.18m 9.63m 8.98m 8.99m | | | |
| 2 | Goulter, Anne | W54 | North Harbour Bays | 8.72m |
| | 8.72m 8.58m X 8.43m | | | |
| 3 | Uili, Rasela | W52 | AMA | 8.69m |
| | X 8.15m 8.63m 8.69m | | | |
| 4 | Swanepoel, Betsy | W50 | Pakuranga | 7.66m |
| | 7.66m 7.56m 7.36m 7.29m | | | |
| W55 | | | | |
| 1 | Boxall, Aggie | W58 | North Harbour Bays | 8.02m |
| | 7.57m 7.76m 8.02m 7.55m | | | |
| 2 | Hayman, Jill | W55 | North Harbour Bays | 7.02m |
| | X 7.02m 6.71m - | | | |
| W65 | | | | |
| 1 | Deleiros, Anne | W68 | North Harbour Bays | 7.18m |
| | 7.18m 7.03m 6.97m 6.70m | | | |
| 2 | Ashe, Tui | W66 | North Harbour Bays | 6.83m |
| | 6.76m 6.83m 6.47m - | | | |
| M35 | | | | |
| 1 | Halbmaier, Craig | M38 | AMA | 11.19m |
| | 9.99m 10.21m 11.19m 10.60m | | | |
| M50 | | | | |
| 1 | Richardson, Andy | M51 | North Harbour Bays | 10.82m |
| | 10.80m 10.82m 10.53m - | | | |
| M60 | | | | |
| 1 | Wood, Tony | M63 | North Harbour Bays | 10.05m |
| | 10.05m X 9.48m X | | | |
| 2 | Barnard, Hans | M60 | North Harbour Bays | 8.77m |
| | 8.77m 8.66m 8.50m 7.67m | | | |
| M65 | | | | |
| 1 | Delamere, Tuariki | M65 | Glen Eden | 10.73m |
| | 10.08m 10.57m X 10.73m | | | |
| 2 | Powell, Mark | M68 | AMA | 7.22m |
| | 6.68m 6.87m 7.22m 6.51m | | | |
| M75 | | | | |
| 1 | Ryan, Terry | M78 | AMA | 6.68m |
| | 6.22m 6.68m 6.52m 6.00m | | | |
| 2 | McLean, Bruce | M76 | Calliope | 3.86m |
| | 3.69m 3.86m - - | | | |

Discus

| | Name | Year Team | Performance |
|-----|-----------------------------|------------------------|-------------|
| W35 | | | |
| 1 | Grayson, Augusta | W35 Takapuna | 28.23m |
| | 26.45m 24.81m 28.23m 26.98m | | |
| W40 | | | |
| 1 | Nuia, Vavae | W42 AMA | 22.67m |
| | 22.67m 19.90m 22.16m - | | |
| 2 | Bitcheno, Michelle | W42 WaiBoP Masters | 18.01m |
| | 16.92m 18.01m 17.34m - | | |
| W45 | | | |
| 1 | Richardson, Megan | W45 North Harbour Bays | 30.15m |
| | 29.44m 30.15m 28.58m 29.60m | | |
| W50 | | | |
| 1 | Ryan, Tina | W53 AMA | 25.26m |
| | 23.68m 24.40m 25.26m 23.97m | | |
| 2 | Goulter, Anne | W54 North Harbour Bays | 23.96m |
| | 23.84m 23.96m 22.48m | | |
| 3 | Uili, Rasela | W52 AMA | 19.01m |
| | - - 18.96m 19.01m | | |
| M35 | | | |
| 1 | Halbmaier, Craig | M38 AMA | 32.68m |
| | 27.04m 30.92m 28.44m 32.68m | | |
| M50 | | | |
| 1 | Chapman, Grant | M53 AMA | 38.13m |
| | 38.13m X 37.47m 37.51m | | |
| 2 | Richardson, Andy | M51 North Harbour Bays | 34.65m |
| | 31.49m 33.03m 34.65m 30.82m | | |
| 3 | Solomon, Bruce | M54 WaiBoP Masters | 31.69m |
| | 31.08m 31.69m 29.52m 30.67m | | |
| M60 | | | |
| 1 | Barnard, Hans | M60 North Harbour Bays | 30.22m |
| | 29.18m 26.54m 27.62m 30.22m | | |
| M65 | | | |
| 1 | Delamere, Tuariki | M65 Glen Eden | 37.82m |
| | 32.85m 31.39m 33.08m 37.82m | | |
| 2 | Powell, Mark | M68 AMA | 26.14m |
| | 25.95m 24.81m 26.14m 25.92m | | |
| M75 | | | |
| 1 | Ryan, Terry | M78 AMA | 15.83m |
| | 13.87m 15.83m X X | | |
| 2 | McLean, Bruce | M76 Calliope | 8.68m |
| | 8.68m 8.68m - - | | |

Javelin

| | Name | Year Team | Performance |
|-----|-------------|-----------|-------------|
| W40 | | | |
| 1 | Nuia, Vavae | W42 AMA | 20.33m |

| | | | | | | |
|-----|--------------------|--------|--------|------------------------|--------|--|
| | 19.73m | 19.10m | 18.54m | 20.33m | | |
| 2 | Bitcheno, Michelle | | | W42 WaiBoP Masters | 14.24m | |
| | 13.74m | X | 13.72m | 14.24m | | |
| W45 | | | | | | |
| 1 | Richardson, Megan | | | W45 North Harbour Bays | 24.20m | |
| | 23.11m | 24.10m | X | 24.20m | | |
| 2 | Jensen, Julie | | | W46 Pakuranga | 19.55m | |
| | 17.81m | 17.84m | 17.50m | 19.55m | | |
| 3 | Bacon, Catherine | | | W47 AMA | 16.23m | |
| | 15.98m | 16.23m | 15.63m | 14.86m | | |
| W50 | | | | | | |
| 1 | Ryan, Tina | | | W53 AMA | 18.13m | |
| | X | 17.96m | X | 18.13m | | |
| 2 | Goulter, Anne | | | W54 North Harbour Bays | 15.61m | |
| | 14.10m | 14.28m | 13.83m | 15.61m | | |
| 3 | Uili, Rasela | | | W52 AMA | 14.45m | |
| | X | X | X | 14.45m | | |
| 4 | Swanepoel, Betsy | | | W50 Pakuranga | 9.84m | |
| | 9.84m | X | X | 8.71m | | |
| W55 | | | | | | |
| 1 | Hayman, Jill | | | W55 North Harbour Bays | 19.08m | |
| | 19.08m | X | 17.12m | 17.49m | | |
| W65 | | | | | | |
| 1 | Ashe, Tui | | | W66 North Harbour Bays | 11.16m | |
| | X | X | X | 11.16m | | |
| M35 | | | | | | |
| 1 | Halbmaier, Craig | | | M38 AMA | 40.50m | |
| | 37.36m | 34.04m | 40.50m | 38.78m | | |
| 2 | McGowan, Iain | | | M37 North Harbour Bays | 34.86m | |
| | X | X | X | 34.86m | | |
| M45 | | | | | | |
| 1 | Hargreaves, Steven | | | M47 AMA | 36.73m | |
| | 36.73m | 34.21m | - | - | | |
| M50 | | | | | | |
| 1 | Richardson, Andy | | | M51 North Harbour Bays | 40.36m | |
| | 40.36m | X | 39.80m | 39.20m | | |
| 2 | Manamana, Geoff | | | M54 | 31.69m | |
| | X | 31.69m | X | 29.33m | | |
| M60 | | | | | | |
| 1 | Barnard, Hans | | | M60 North Harbour Bays | 20.61m | |
| | X | X | X | 20.61m | | |
| M65 | | | | | | |
| 1 | Delamere, Tuariki | | | M65 Glen Eden | 35.79m | |
| | 30.62m | 32.79m | 30.41m | 35.79m | | |
| 2 | Powell, Mark | | | M68 AMA | 19.20m | |
| | 18.77m | 18.78m | 18.14m | 19.20m | | |
| M70 | | | | | | |
| 1 | Anstiss, David | | | M72 North Harbour Bays | 16.16m | |
| | 15.23m | 16.16m | 15.30m | - | | |
| M75 | | | | | | |
| 1 | Lee, Errol | | | M77 | 20.64m | |
| | 14.74m | 14.37m | 15.99m | 20.64m | | |
| 2 | Ryan, Terry | | | M78 AMA | 15.06m | |

15.06m 13.18m 13.55m 15.04m

M80

1 Cowley, Trevor M82 Pakuranga 20.71m
20.18m 20.71m 20.50m 18.84m

Hammer

| Name | Year Team | Performance |
|-----------------------------|------------------------|-------------|
| W40 | | |
| 1 Nuia, Vavae | W42 AMA | 23.99m |
| 23.99m 22.13m 20.14m 20.74m | | |
| 2 Bitcheno, Michelle | W42 WaiBoP Masters | 22.13m |
| 21.91m X 21.95m 22.13m | | |
| W45 | | |
| 1 Richardson, Megan | W45 North Harbour Bays | 18.37m |
| 18.37m X 16.20m - | | |
| W50 | | |
| 1 Goulter, Anne | W54 North Harbour Bays | 39.01m |
| 39.01m 38.96m 38.21m 37.46m | | |
| 2 Ryan, Tina | W53 AMA | 32.33m |
| 32.33m 29.15m 28.67m 26.61m | | |
| 3 Uili, Rasela | W52 AMA | 16.41m |
| X X 10.91m 16.41m | | |
| 4 Swanepoel, Betsy | W50 Pakuranga | 14.11m |
| 10.81m X 14.11m 13.03m | | |
| W55 | | |
| -- Boxall, Aggie | W58 North Harbour Bays | NM |
| - - X | | |
| M50 | | |
| 1 Maiava, Fuzzy | M54 AMA | 26.63m |
| 26.62m 26.54m 26.63m 25.60m | | |
| M55 | | |
| 1 Cumming, Mark | M55 North Harbour Bays | 51.96m NZR |
| 51.06m 51.96m 51.41m X | | |
| M60 | | |
| 1 Thompson, Chris | M64 North Harbour Bays | 35.16m |
| X 35.16m 34.64m 33.03m | | |
| 2 Barnard, Hans | M60 North Harbour Bays | 34.54m |
| 31.69m 34.43m 34.54m 34.48m | | |
| M65 | | |
| 1 Delamere, Tuariki | M65 Glen Eden | 31.37m |
| 29.80m 31.15m 30.98m 31.37m | | |
| 2 Powell, Mark | M68 AMA | 23.95m |
| 23.95m 20.70m 21.53m 23.36m | | |
| M75 | | |
| 1 Ryan, Terry | M78 AMA | 17.83m |
| 17.18m 17.83m 16.40m X | | |

Weight

| | Name | Year Team | Performance |
|-----|-----------------------------|------------------------|-------------|
| W40 | | | |
| 1 | Nuia, Vavae | W42 AMA | 9.65m |
| | 9.65m 9.37m 8.95m 9.65m | | |
| 2 | Bitcheno, Michelle | W42 WaiBoP Masters | 7.29m |
| | 7.29m X 7.17m 7.16m | | |
| W45 | | | |
| 1 | Richardson, Megan | W45 North Harbour Bays | 8.11m |
| | 8.11m 7.40m 7.42m 7.97m | | |
| W50 | | | |
| 1 | Goulter, Anne | W54 North Harbour Bays | 12.04m |
| | 11.33m 11.40m 12.04m 11.07m | | |
| 2 | Ryan, Tina | W53 AMA | 11.85m |
| | 11.85m X X X | | |
| 3 | Uili, Rasela | W52 AMA | 6.79m |
| | 6.66m 6.79m 6.55m 5.62m | | |
| 4 | Swanepoel, Betsy | W50 Pakuranga | 6.56m |
| | 6.56m 6.30m 6.45m 5.75m | | |
| W55 | | | |
| 1 | Boxall, Aggie | W58 North Harbour Bays | 10.38m |
| | 10.38m 9.62m 10.07m 9.95m | | |
| M50 | | | |
| 1 | Maiava, Fuzzy | M54 AMA | 10.04m |
| | X 10.04m 8.91m X | | |
| M55 | | | |
| 1 | Cumming, Mark | M55 North Harbour Bays | 19.50m NZR |
| | X 18.11m 19.32m 19.50m | | |
| M60 | | | |
| 1 | Barnard, Hans | M60 North Harbour Bays | 13.31m |
| | 12.88m 12.84m X 13.31m | | |
| 2 | Thompson, Chris | M64 North Harbour Bays | 13.11m |
| | 11.78m 13.11m X 12.01m | | |
| M65 | | | |
| 1 | Powell, Mark | M68 AMA | 10.50m |
| | 10.50m 10.24m 9.59m 9.84m | | |
| M75 | | | |
| 1 | Ryan, Terry | M78 AMA | 6.57m |
| | 6.50m 6.51m 6.57m 6.08m | | |