



**AMA Track & Field Championships  
Mt Smart Stadium  
12 February 2017**

**Day 1 Results**

\*records subject to ratification

**60m**

Name	Year Team	Time	Wind
W40			
1 Puleanga, Lusia	W43	8.22	-0.4
2 Beale, Angela	W44 Glen Eden	9.28	-0.4
W45			
1 Green, Phillipa	W48 North Harbour Bays	9.01	-0.4
2 Jensen, Julie	W46 Pakuranga	10.57	-0.4
W50			
1 Warbrick, Joy	W54 AMA	9.32	-1.1
2 Lau, May	W54 AMA	10.66	-1.1
W55			
1 Hayman, Jill	W55 North Harbour Bays	9.25	-1.1
W60			
1 Adamson, Christine	W60 North Harbour Bays	10.00	-1.1
W65			
1 Deleiros, Anne	W68 North Harbour Bays	10.62	-1.1
M35			
1 Garrett, David	M37 North Harbour Bays	7.55	1.1
M40			
1 Lambert, Mark	M43 North Harbour Bays	7.78	1.1
M45			
1 Hargreaves, Steve	M47 AMA	7.71	1.1
M50			
1 Duggan, Duane	M54 Pukekohe	8.29	1.1
2 Adams, Marc	M51 AMA	9.78	1.1
M55			
1 Walker, Trevor	M56 Glen Eden	8.31	1.1
2 Turner, Timothy	M56 North Harbour Bays	8.50	1.1
3 Ramiah, Seelan	M56 AMA	8.64	1.1
4 Catchpole, Tony	M57 North Harbour Bays	8.72	1.1
5 Ross, Graham	M56 North Harbour Bays	8.98	1.1
6 Thomas, James	M59	9.15	1.1

M65				
1	Dougall, Alan	M68	AMA	8.83 0.9
2	Brown, Ross	M68	AMA	9.38 0.9
M70				
1	Deleiros, Tony	M70	North Harbour Bays	9.00 0.9
2	Anstiss, David	M71	North Harbour Bays	9.55 0.9
3	Schenk, Wolfgang	M71	Pakuranga	9.77 0.9
M80				
1	Cowley, Trevor	M82	Pakuranga	13.00 0.9

## 200m

	Name	Year	Team	Time	Wind
W40					
1	Puleanga, Lusia	W43	AMA	27.62	1.5
2	Beale, Angela	W44	Glen Eden	31.03	1.5
W45					
1	Green, Phillipa	W48	North Harbour Bays	29.76	1.5
W50					
1	Warbrick, Joy	W54	AMA	31.13	1.2
2	Goulter, Anne	W54	North Harbour Bays	33.58	1.2
3	Hunt, Sally	W53	Pukekohe	34.97	1.2
W55					
1	Hayman, Jill	W55	North Harbour Bays	30.82	1.2
2	Bartley, Anne	W58	AMA	39.10	1.2
W65					
1	Ashe, Tui	W66	North Harbour Bays	37.96	1.2
M35					
1	Garrett, David	M37	North Harbour Bays	23.87	1.3
M40					
1	Lambert, Mark	M43	North Harbour Bays	24.42	1.3
2	Donaghy, Jack	M41	AMA	27.47	1.3
3	Seymour, Craig	M44	AMA	28.82	1.3
M45					
1	Hargreaves, Steve	M47	AMA	24.15	1.3
2	Conyngham, Richard	M49	ACA	29.46	1.3
M50					
1	Richardson, Andy	M51	North Harbour Bays	26.93	1.3
M55					
1	Catchpole, Tony	M57	North Harbour Bays	28.41	1.3
2	Thomas, James	M59		31.40	1.3
M65					
1	Dougall, Alan	M68	AMA	28.68	1.3
M70					
1	Deleiros, Tony	M70	North Harbour Bays	28.96	1.3
2	Anstiss, David	M71	North Harbour Bays	33.40	1.3
3	Schenk, Wolfgang	M71	Pakuranga	33.92	1.3

## 800m

<b>Name</b>	<b>Year Team</b>	<b>Time</b>
W40 1 Billen, Cara	W44 North Harbour Bays	2:38.06
W50 1 Hunt, Sally	W53 Pukekohe	2:51.25
M40 1 Sexton, Andrew 2 Halla, Jamie	M43 Glen Eden M41 ACA	2:19.07 2:30.13
M45 1 Conyngham, Richard 2 Biffin, Adam	M49 ACA M48 Glen Eden	2:20.90 2:32.70
M50 1 Craig, Michael	M51 North Harbour Bays	2:19.78
M55 1 Ross, Graham	M56 North Harbour Bays	2:37.62
M65 1 Adams, Graeme 2 Hare, Ken	M67 AMA M69 Papakura	2:58.03 3:10.64
M70 1 Jones, Barry	M73 Takapuna	2:51.27

## 5000m

<b>Name</b>	<b>Year Team</b>	<b>Time</b>
M35 1 Mai, Andy	M37 Glen Eden	18:17.75
M40 1 Halla, Jamie	M41 ACA	20:02.55
M50 1 Walker, Ken	M54 Hatea	18:19.34
W55 1 Smith, Carolyn	W56 North Harbour Bays	20:42.41
W60 1 Adamson, Christine	W60 North Harbour Bays	20:31.05 AKR
M60 1 Boyd, Greg	M60 North Harbour Bays	21:33.16
M65 1 Adams, Graeme	M67 AMA	22:23.39
M80 1 Feist, Jim	M82 Technical	33:25.37

### 300m Hurdles

	<b>Name</b>	<b>Year Team</b>	<b>Time</b>	
M65	1 Dougall, Alan	M68 AMA	52.42	
M70	1 Anstiss, David	M71 North Harbour Bays	59.40	AKR

### 5000m Race Walk

	<b>Name</b>	<b>Year Team</b>	<b>Time</b>	
W60	1 O'Hara, Marilyn	W60 RWA	45:27.55	
W70	1 Barber, Shirley	W70 RWA	40:01.11	
M60	1 Thorne, Rodney	M62 RWA	30:58.84	
M75	1 McLean, Bruce	M76 Calliope	43:08.68	

### Long Jump

	<b>Name</b>	<b>Year Team</b>	<b>Performance</b>	<b>Wind</b>
W45	1 Jensen, Julie	W46 Pakuranga	3.36m	-1.6
		3.32m(+0.0) 3.01m(-1.6) 3.23m(-1.8) 3.33m(-1.2) 3.36m(-1.6) 3.27m(-2.6)		
W55	1 Hayman, Jill	W55 North Harbour Bays	3.67m	+0.0
		3.56m(-0.7) 3.35m(-1.0) 3.67m(+0.0) X(-1.4)		
	2 Boxall, Aggie	W58 North Harbour Bays	3.02m	-1.4
		3.02m(0.7) 3.02m(-1.4) 2.96m(-0.6)		
W65	1 Deleiros, Anne	W68 North Harbour Bays	3.01m	-0.4
		2.88m(0.9) 3.01m(-0.4) 2.86m(-0.1) X(-1.6)		
	2 Ashe, Tui	W66 North Harbour Bays	2.90m	+0.0
		2.90m(+0.0) 2.72m(+0.0) 2.63m(0.4)		
M35	1 Mai, Andy	M37 Glen Eden	4.72m	0.4
		4.72m(0.4) 4.68m(+0.0) 4.64m(-1.3) 4.68m(-0.8) X(-1.6)		
	2 Nicholson, Dave	M37 North Harbour Bays	4.36m	-0.5
		X(0.4) 4.03m(-1.1) 4.36m(-0.5) 2.67m(-2.3) X(-1.6) 4.24m(-1.7)		
M45	1 Wilson, Trevor	M46 North Harbour Bays	5.18m	+0.0
		4.98m(-1.2) 5.14m(-0.4) 5.18m(+0.0)		

M50	1 Richardson, Andy	M51 North Harbour Bays	5.01m	+0.0
	4.58m(-1.3) 5.00m(-1.3)	5.01m(+0.0)		
	2 Adams, Marc	M51 AMA	2.81m	-1.8
	2.81m(-1.8) X(-2.1)			
M55	1 Walker, Trevor	M56 Glen Eden	4.83m	+0.0
	4.71m(-2.3) 4.65m(+0.0)	4.83m(+0.0) 4.73m(-1.3) 3.38m(-2.2)		
	2 Ramiah, Seelan	M56 AMA	4.49m	-0.5
	4.49m(-0.5) 4.39m(-0.9)			
	3 Thomas, James	M59	3.89m	+0.0
	3.89m(+0.0) 3.59m(0.7)			
M60	1 Bitiev, Teimouraz	M64	3.04m	0.5
	X(1.7) X(-0.7) 3.04m(0.5)			
M65	1 Delamere, Tuariki	M65 AMA	3.81m	+0.0
	3.81m(+0.0) 3.80m(-2.3)			
M70	1 Anstiss, David	M71 North Harbour Bays	3.76m	-0.6
	X(-1.7) 3.76m(-0.6) -	X(-2.5) 3.72m(-1.9) 3.54m(-2.3)		
	2 Schenk, Wolfgang	M71 Pakuranga	3.59m	-1.7
	3.34m(-2.0) 3.59m(-1.7)	3.39m(-0.4) X(-1.9) 3.33m(-1.4) 3.52m(-0.7)		
	3 Deleiros, Tony	M70 North Harbour Bays	3.31m	-2.0
	X(-0.3) 3.31m(-2.0) 3.11m(-0.9) X(-1.2)			
M80	1 Cowley, Trevor	M82 Pakuranga	2.46m	-1.8
	2.17m(+0.0) 2.46m(-1.8)			

## High Jump

	Name	Year Team	Performance
W45	1 Jensen, Julie	W46 Pakuranga	1.25m
	1.00 1.05 1.10 1.15 1.20 1.25 1.30		
	o o o o o o XXX		
W50	1 Swanepoel, Betsy	W50 AMA	1.10m
	1.00 1.05 1.10 1.15		
	o o o XXX		
W65	1 Ashe, Tui	W66 North Harbour Bays	1.05m
	0.90 0.95 1.00 1.05 1.10		
	o o o XO XXX		
M35	1 Mai, Andy	M37 Glen Eden	1.45m
	1.30 1.35 1.37 1.40 1.45 1.50		
	o o - o o XXX		

M45	1 Wilson, Trevor	M46 North Harbour Bays	1.54m
	1.35 1.37 1.40 1.45 1.50 1.52 1.54 1.56 1.58		
	0 - 0 0 0 - 0 - XXX		
M50	1 Richardson, Andy	M51 North Harbour Bays	1.56m
	1.35 1.37 1.40 1.45 1.50 1.52 1.54 1.56 1.58		
	0 - 0 XO 0 XO XO XXO XXX		
M55	1 Walker, Trevor	M56 Glen Eden	1.52m NZR
1.30	1.35 1.37 1.40 1.45 1.50 1.52 1.54		
	0 0 - 0 XO 0 XXO XXX		
	2 Thomas, James	M59	1.40m
	1.10 1.15 1.20 1.25 1.30 1.35 1.37 1.40 1.45		
	0 0 0 0 0 0 - XXO XXX		
M60	-- Bitiev, Teimouraz	M64	NM
	1.10		
	XXX		
M65	1 Delamere, Tuariki	M65 AMA	1.30m
	1.30 1.35 1.37 1.40		
	XO - - XXX		
M70	1 Anstiss, David	M71 North Harbour Bays	1.35m NZR=
	1.20 1.25 1.30 1.35 1.37		
	0 0 0 XO XXX		

### Shot Put

Name	Year Team	Performance
W40		
1 Nuia, Vavae	W42 AMA	8.18m
	7.82m 8.12m 7.67m 8.18m	
W45		
1 Richardson, Megan	W45 North Harbour Bays	8.75m
	8.33m 8.11m 8.75m 8.42m	
2 Jensen, Julie	W46 Pakuranga	7.58m
	6.63m 6.65m 7.58m 7.07m	
W50		
1 Goulter, Anne	W54 North Harbour Bays	9.03m
	8.19m 8.81m 8.89m 9.03m	
2 Swanepoel, Betsy	W50 AMA	7.54m
	7.38m 7.11m 7.54m 7.09m	
W55		
1 Boxall, Aggie	W58 North Harbour Bays	8.51m
	8.10m 8.51m 8.01m 8.14m	

W65									
1	Deleiros, Anne			W68 North Harbour Bays					7.09m
		6.77m	6.69m	7.09m	6.63m				
2	Ashe, Tui			W66 North Harbour Bays					6.35m
		6.29m	6.35m						
M35									
1	Mai, Andy			M37 Glen Eden					8.90m
		8.58m	8.69m	8.59m	8.90m				
M50									
1	Inivale, Laini			M50 Waitakere					13.75m
		13.46m	12.96m	13.75m	13.61m				
2	Richardson, Andy			M51 North Harbour Bays					10.77m
		9.78m	X	10.77m	10.68m				
3	Cumming, Mark			M54 North Harbour Bays					8.94m
		X	8.94m	8.66m	8.50m				
M55									
1	Thomas, James			M59					9.28m
		8.95m	8.98m	9.19m	9.28m				
2	Ramiah, Seelan			M56 AMA					9.21m
		8.87m	8.89m	9.21m					
3	Catchpole, Tony			M57 North Harbour Bays					7.97m
		7.67m	7.53m	7.97m	7.93m				
4	Barnard, Hans			M59 North Harbour Bays					7.85m
		7.67m	7.85m	7.63m	7.84m				
M60									
1	Wood, Tony			M64 North Harbour Bays					9.35m
		X	9.35m	X	8.62m				
2	Bitiev, Teimouraz			M64					7.08m
		X	X	7.08m	X				
M65									
1	Delamere, Tuariki			M65 AMA					9.66m
		9.66m	9.34m	9.22m	9.57m				
2	Powell, Mark			M68 AMA					6.70m
		6.45m	6.70m	6.54m	5.89m				
M75									
1	Ryan, Terry			M78 AMA					6.03m
		5.91m	5.98m	6.03m					
2	McLean, Bruce			M76 Calliope					4.07m
		4.07m	3.86m	3.70m	3.70m				
M80									
1	Cowley, Trevor			M82 Pakuranga					7.05m
		6.31m	7.05m						

## Hammer

	Name	Year	Team	Performance		
W40						
1	Nuia, Vavae		W42 AMA	26.03m		
		26.03m	25.62m	X	25.92m	X
W45						
1	Richardson, Megan		W45 North Harbour Bays	20.46m		
		X	17.00m	20.46m	18.66m	17.99m

W50							
1	Goulter, Anne			W54 North Harbour Bays			37.69m
	X	34.51m	X	37.69m	36.86m		
2	Swanepoel, Betsy			W50 AMA			18.90m
		18.90m	17.95m	X	X	X	
W55							
1	Boxall, Aggie			W58 North Harbour Bays			23.95m
		22.17m	21.39m	23.66m	20.71m	23.95m	X
W65							
1	Deleiros, Anne			W68 North Harbour Bays			21.32m
		21.32m	X	20.77m			
M50							
1	Cumming, Mark			M54 North Harbour Bays			50.59m
		49.45m	50.59m	49.52m	50.02m	49.37m	
2	Inivale, Laini			M50 Waitakere			34.37m
		30.76m	34.37m	X	X	X	
3	Maiava, Fuzzy			M54 AMA			29.73m
		X	29.73m	28.30m	X	27.31m	
M55							
1	Barnard, Hans			M59 North Harbour Bays			31.75m
		27.43m	27.98m	X	28.07m	31.75m	
M60							
1	Wood, Tony			M64 North Harbour Bays			27.22m
		27.22m	27.20m	26.34m	X	X	
M65							
1	Delamere, Tuariki			M65 AMA			29.84m
		27.82m	29.45m	28.92m	29.84m		
2	Powell, Mark			M68 AMA			22.69m
		19.69m	X	22.00m	21.12m	22.69m	
M75							
1	Ryan, Terry			M78 AMA			17.21m
		16.27m	17.21m	15.78m	14.38m	16.74m	