



**AMA Meet 2  
Mt Smart Stadium  
29 January 2017**

**Results**

\*records subject to ratification

**60m**

<b>Name</b>	<b>Year Team</b>	<b>Time</b>	<b>Wind</b>
W30 1 McCormack, Kim	W34	8.55	0.3
W40 1 Van Rooyen, Zerena	W42 North Harbour Bays	9.72	0.3 AKR
W45 1 Jensen, Julie	W46 Pakuranga	10.58	0.3
W50 1 Warbrick, Joy	W54 AMA	9.48	-0.1
W55 1 Hayman, Jill	W55 North Harbour Bays	9.28	-0.1
W65 1 Deleiros, Anne	W68 North Harbour Bays	10.34	-0.1
W70 1 Waring, Chris	W73 North Harbour Bays	10.29	-0.1
M35 1 Orr, Robert	M36 AMA	8.00	-0.2
M40 1 Swift, Richard	M40 North Harbour Bays	7.69	-0.2
2 Lambert, Mark	M43 North Harbour Bays	7.86	-0.2
3 Garnier, David	M43 ACA	8.46	-0.2
4 Sexton, Andrew	M43 Glen Eden	8.48	-0.2
5 Seymour, Craig	M44 AMA	8.75	-0.2
M45 1 Hargreaves, Steve	M47 AMA	7.80	-1.8
2 Dorset, Scott	M47 North Harbour Bays	8.07	-1.8
M50 1 Young, Dudley	M54	9.04	-1.8
M55 1 Ramiah, Seelan	M56 AMA	8.95	-1.8

M65	1 Brown, Ross	M67 AMA	9.48	-0.6
M70	1 Deleiros, Tony	M70 North Harbour Bays	9.13	-0.6
	2 Schenk, Wolfgang	M71 Pakuranga	9.89	-0.6

### 100m

	Name	Year Team	Time	Wind
W30	1 McCormack, Kim	W34	13.49	1.0
W40	1 Van Rooyen, Zerena	W42 North Harbour Bays	15.92	1.0
W50	1 Warbrick, Joy	W54 AMA	15.05	1.0
	2 Goulter, Anne	W54 North Harbour Bays	15.97	1.0
W55	1 Hayman, Jill	W55 North Harbour Bays	14.66	1.0
W65	1 Ashe, Tui	W66 North Harbour Bays	18.58	1.0
W70	1 Waring, Chris	W73 North Harbour Bays	16.58	1.0
M35	1 Garrett, David	M37 North Harbour Bays	11.95	-0.6
	2 Orr, Robert	M36 AMA	12.86	-0.6
M40	1 Lambert, Mark	M43 North Harbour Bays	12.22	-0.6
	2 Swift, Richard	M40 North Harbour Bays	12.90	-0.6
	3 Sexton, Andrew	M43 Glen Eden	13.38	-0.6
M45	1 Hargreaves, Steve	M47 AMA	12.13	-0.6
	2 Dorset, Scott	M47 North Harbour Bays	12.52	-0.6
M50	1 Young, Dudley	M54	14.42	1.2
M55	1 Catchpole, Tony	M57 North Harbour Bays	13.74	1.2
	2 Ramiah, Seelan	M56 AMA	13.77	1.2
M65	1 Brown, Ross	M67 AMA	15.34	1.2

### 200m

	Name	Year Team	Time	Wind
W40	1 Van Rooyen, Zerena	W42 North Harbour Bays	32.77	0.8

W45	1 Jensen, Julie	W46 Pakuranga	37.91	0.8
W50	1 Goulter, Anne	W54 North Harbour Bays	33.99	0.8
W55	1 Bartley, Anne	W58 AMA	39.68	0.8
W65	1 Ashe, Tui	W66 North Harbour Bays	39.44	0.8
W70	1 Waring, Chris	W73 North Harbour Bays	35.40	0.8
M35	1 Garrett, David	M37 North Harbour Bays	24.33	0.7
	2 Orr, Robert	M36 AMA	26.06	0.7
M40	1 Lambert, Mark	M43 North Harbour Bays	24.36	0.7
	2 Sexton, Andrew	M43 Glen Eden	27.22	0.7
	3 Halla, Jamie	M41 ACA	28.97	0.7
M45	1 Hargreaves, Steve	M47 AMA	24.21	0.7
	2 Dorset, Scott	M47 North Harbour Bays	26.26	0.7
M55	1 Catchpole, Tony	M57 North Harbour Bays	28.35	1.7
M70	1 Deleiros, Tony	M70 North Harbour Bays	28.86	1.7
	2 Schenk, Wolfgang	M71 Pakuranga	33.83	1.7

### 1500m

	Name	Year Team	Time	
W40	1 Billen, Cara	W44 North Harbour Bays	5:31.14	
	2 Beale, Angela	W44 Glen Eden	6:02.58	
W60	1 Adamson, Christine	W60 North Harbour Bays	5:50.78	AKR
M35	1 Mai, Andy	M37 Glen Eden	4:47.46	
M40	1 Halla, Jamie	M41 ACA	5:15.77	
M45	1 Conyngham, Richard	M49 ACA	4:51.38	
	2 Biffin, Adam	M48 Glen Eden	5:16.69	
M50	1 Craig, Michael	M51 North Harbour Bays	4:48.76	
M60	1 Boyd, Greg	M60 North Harbour Bays	5:35.90	
M65	1 Hare, Ken	M69 Papakura	6:22.95	

### 3000m

	<b>Name</b>	<b>Year Team</b>	<b>Time</b>	
W50	1 Mataia, Anne	W52	24:16.27	
W55	1 Smith, Carolyn	W56 North Harbour Bays	12:08.57	AKR
W60	1 Adamson, Christine	W60 North Harbour Bays	11:55.13	AKR
M35	1 Mai, Andy	M37 Glen Eden	10:34.66	
M40	1 Halla, Jamie	M41 ACA	11:32.51	
M45	1 Biffin, Adam	M48 Glen Eden	11:40.40	
M50	1 Walker, Ken	M54 Hatea	10:45.49	
M65	1 Hare, Ken	M69 Papakura	13:34.38	

### 3000m Race Walk

	<b>Name</b>	<b>Year Team</b>	<b>Time</b>	
W60	1 O'Hara, Marilyn	W60 RWA	26:54.71	
W70	1 Barber, Shirley	W70 RWA	22:42.46	
M55	1 Pepper, Grant	M55 RWA	23:47.09	
M75	1 McLean, Bruce	M76 Calliope	24:48.88	
M80	1 Johnson, Ron	M84 Pakuranga	22:06.62	

### Long Jump

	<b>Name</b>	<b>Year Team</b>	<b>Performance</b>	<b>Wind</b>
W40	1 Van Rooyen, Zerena	W42 North Harbour Bays	3.43m	+0.0
	3.43m(+0.0) X(+0.0) 3.30m(+0.0) 3.37m(+0.0)			
	2 Nuia, Vavae	W42 AMA	1.65m	+0.0
	1.65m(+0.0) -			

W45	1 Jensen, Julie	W46 Pakuranga	3.41m	+0.0
	3.41m(+0.0) 3.29m(+0.0) 3.17m(+0.0) 3.27m(0.8)			
W65	1 Deleiros, Anne	W68 North Harbour Bays	3.09m	-0.5
	2.83m(1.0) 3.09m(-0.5) 2.92m(+0.0) X(0.9)			
M35	1 Mai, Andy	M37 Glen Eden	4.92m	-2.1
	4.61m(+0.0) 4.76m(+0.0) 4.92m(-2.1) 4.86m(0.5)			
	-- Nicholson, Dave	M37 North Harbour Bays	NM	
	X(-0.2) X(0.9) X(-1.3) X(0.9)			
M40	1 Halla, Jamie	M41 ACA	3.89m	+0.0
	- 3.81m(+0.0) X(2.7) 3.89m(+0.0)			
M50	1 Richardson, Andy	M51 North Harbour Bays	5.10m	1.9
	X(+0.0) 3.99m(+0.0) X(+0.0) 5.10m(1.9)			
M55	1 Ramiah, Seelan	M56 AMA	4.54m	2.2
	4.04m(-1.4) 4.54m(2.2) 4.22m(+0.0)			
M70	1 Schenk, Wolfgang	M71 Pakuranga	3.68m	+0.0
	3.28m(+0.0) 3.18m(-0.9) 3.68m(+0.0) 3.33m(-1.9)			
	2 Deleiros, Tony	M70 North Harbour Bays	3.65m	-0.2
	2.97m(-1.5) X(1.8) X(-0.6) 3.65m(-0.2)			
M80	1 Cowley, Trevor	M82 Pakuranga	2.19m	+0.0
	X(-1.0) X(-1.1) 2.19m(+0.0)			

### Triple Jump

	Name	Year Team	Performance	Wind
W65	1 Deleiros, Anne	W68 North Harbour Bays	6.96m	1.4
	6.33m(+0.0) 6.81m(0.3) 6.86m(+0.0) 6.96m(1.4)			
M35	1 McGowan, Iain	M36 North Harbour Bays	10.78m	+0.0
	10.78m(+0.0) 10.49m(+0.0) X(+0.0)			

### Discus

	Name	Year Team	Performance
W40	1 Nuia, Vavae	W42 AMA	22.41m
	17.57m 20.00m 17.72m 22.41m		
W45	1 Richardson, Megan	W45 North Harbour Bays	32.98m
	30.38m 32.98m 30.77m X		AKR

2	Jensen, Julie	W46 Pakuranga	19.40m
	19.40m X 16.77m 18.40m		
W50			
1	Goulter, Anne	W54 North Harbour Bays	23.96m
	23.59m 22.90m 23.35m 23.96m		
2	Mataia, Anne	W52	16.89m
	16.89m X 16.62m 14.14m		
3	Swanepoel, Betsy	W50 AMA	14.85m
	14.85m 14.13m 14.28m 12.74m		
M40			
1	Halla, Jamie	M41 ACA	19.91m
	16.34m 19.91m 18.25m 19.53m		
M50			
1	Chapman, Grant	M53 AMA	38.73m
	X 38.73m X 36.39m		
2	Richardson, Andy	M51 North Harbour Bays	31.30m
	29.71m 31.30m X X		
3	Inivale, Laini	M50 Waitakere	28.08m
	19.91m X X 28.08m		
4	Maiava, Fuzzy	M54 AMA	21.01m
	20.00m X 21.01m X		
M55			
1	Catchpole, Tony	M57 North Harbour Bays	30.36m
	28.78m 29.31m 27.13m 30.36m		
2	Ramiah, Seelan	M56 AMA	24.82m
	24.82m 22.55m 22.66m -		
M60			
1	Wood, Tony	M64 North Harbour Bays	36.70m
	X 33.61m 34.29m 36.70m		
M65			
1	Powell, Mark	M68 AMA	23.30m
	X 21.07m 23.30m X		
M70			
1	Deleiros, Tony	M70 North Harbour Bays	26.30m
	21.52m 21.68m 24.37m 26.30m		
M80			
1	Johnson, Ron	M84 Pakuranga	21.03m
	20.38m X 21.03m 20.59m		

## Javelin

	Name	Year Team	Performance
W40			
1	Nuia, Vavae	W42 AMA	17.05m
	17.05m X X 11.70m		
W45			
1	Richardson, Megan	W45 North Harbour Bays	25.35m
	25.35m 23.50m X X		
2	Jensen, Julie	W46 Pakuranga	21.69m
	21.69m X 17.37m 15.93m		

W50	1 Goulter, Anne	W54 North Harbour Bays	15.90m
	14.67m 15.90m 13.31m 15.17m		
	2 Swanepoel, Betsy	W50 AMA	14.07m
	10.91m 14.07m X 11.38m		
W55	1 Hayman, Jill	W55 North Harbour Bays	20.04m
	17.40m 20.04m 14.69m 15.45m		
W65	1 Ashe, Tui	W66 North Harbour Bays	15.50m
	15.50m 14.21m 14.85m X		
M35	1 Couper, Dave	M39 Frankton	48.43m
	46.16m 45.24m 48.43m 46.57m		
	2 McGowan, Iain	M36 North Harbour Bays	36.75m
	36.57m 36.75m 34.12m X		
M40	1 Halla, Jamie	M41 ACA	21.83m
	20.27m X 18.16m 21.83m		
M45	1 Hargreaves, Steve	M47 AMA	36.74m
	36.74m 34.72m		
M50	1 Richardson, Andy	M51 North Harbour Bays	44.04m
	X X 39.29m 44.04m		
M55	1 Stainton, Nigel	M57 Pakuranga	51.40m NZR
	51.40m 48.08m X X		
M65	1 Powell, Mark	M68 AMA	18.40m
	16.63m 17.99m 16.47m 18.40m		
M70	1 Schenk, Wolfgang	M71 Pakuranga	22.06m
	X 22.06m 20.55m 21.40m		
M80	1 Cowley, Trevor	M82 Pakuranga	22.04m
	22.04m 21.34m 19.87m 21.00m		
	2 Johnson, Ron	M84 Pakuranga	20.78m
	20.78m X 19.70m 20.74m		

### Weight

	Name	Year Team	Performance
W40	1 Nuia, Vavae	W42 AMA	8.99m
	8.99m 5.40m 8.77m 8.40m		
W45	1 Richardson, Megan	W45 North Harbour Bays	8.41m
	8.41m 8.36m 7.93m X		

W50					
1	Goulter, Anne		W54 North Harbour Bays	11.60m	
	11.60m	11.50m	11.13m	10.84m	
2	Swanepoel, Betsy		W50 AMA	6.93m	
	5.92m	3.60m	6.93m	6.36m	
M35					
1	Couper, Dave		M39 Frankton	11.49m	
	11.49m	10.41m	10.91m	X	
2	Mai, Andy		M37 Glen Eden	8.44m	
	8.12m	8.44m	8.14m	-	
M50					
1	Inivale, Laini		M50 Waitakere	14.02m	
	13.65m	13.94m	14.02m	13.48m	
2	Maiava, Fuzzy		M54 AMA	11.17m	
	X	10.65m	11.17m	X	
M65					
1	Powell, Mark		M68 AMA	9.08m	
	8.67m	8.82m	8.00m	9.08m	
M80					
1	Johnson, Ron		M84 Pakuranga	10.18m	
	X	X	X	10.18m	